

ST. MARY'S HELPERS

	July 10	July 17
Prosphora	Anne & Draga	Gabriela & Maria
Reader	Eugenia & Andrei	Florin & Dan
Greeter	Alex & Giani	George C & George D
Coffee hour	Stampede lunch	_____
Lawn	Marius	Alex



Thank you to all the church helpers. Your service is appreciated. **Please make note of the schedule and of your commitment.** If you are not able to fulfill your commitment, please find a replacement and let the organizer know.



Remember that each of us has his own cross. The Golgotha of this cross is our heart: it is being lifted or implanted through a zealous determination to live according to the Spirit of God. Just as salvation of the world is by the Cross of God, so our salvation is by our crucifixion on our own cross.

+ Bishop Theophan the Recluse

TO OUR VISITORS: WELCOME TO ST. MARY'S

Welcome to all guests to St. Mary's on this holy day. If you are new to our church, please make yourself known to Father Michael. Please join us for coffee. We look forward to seeing you all again soon.

Please note that only Orthodox Christians who have prepared themselves with prayer, fasting and Confession may approach to receive Holy Communion. Everyone is welcome to receive the blessing and partake of the blessed bread (Antidor) at the dismissal.

As a sign of respect please remain standing during Holy Communion, even if you are not partaking. Please turn off all

Welcome Archbishop Nathaniel!!



St. Mary's Nativity of the Theotokos Orthodox Church

Romanian Orthodox Episcopate of America (O.C.A.)

3511 3rd Avenue SW, Calgary T3C 0A7

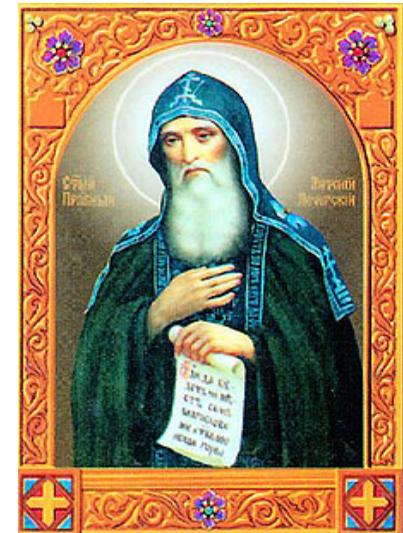
Hierarch: The Most Reverend Archbishop Nathaniel

Pastor: Very Reverend Father Michael Lupu

EMAIL: fatherlupu@shaw.ca

WEBSITE: <http://www.saintmaryscalgary.org/>

<https://www.facebook.com/StMarysRomanianOrthodoxChurchCalgary>



July 10, 2016

St. Anthony of Kiev Caves

Vespers Saturday 6 pm

Divine Liturgy Sunday 9 am (beginning July 17)

Confessions by Appointment

Other services as announced

Orthodox Church. A few tickets are still available for the Stampede Lunch. Come and enjoy the festivities.

- **Congratulations** to Dennis Lipon who will be ordained as a Sub-Deacon today by Archbishop Nathaniel. God grant you Many Years!
- **Thank you** to our Children's Choir who previously learned and today sang "Rejoice O Virgin".
- **Change in Liturgy start time- Summer hours** Divine Liturgy will begin at 9 am starting next week July 17.
- **We are collecting for the icons in the altar.** We need \$12,000 to complete the project. One patron has generously agreed to match each donation. Please consider contributing today.

ORTHODOX TEACHING

Reading: St. Anthony of the Kiev Caves

Saint Anthony of the Kiev Caves was born in the year 983 at Liubech, not far from Chernigov, and was named Antipas in Baptism. Possessing the fear of God from his youth, he desired to be clothed in the monastic schema. When he reached a mature age, he wandered until he arrived on Mt. Athos, burning with the desire to emulate the deeds of its holy inhabitants. Here he received monastic tonsure, and the young monk pleased God in every aspect of his spiritual struggles on the path of virtue. He particularly excelled in humility and obedience, so that all the monks rejoiced to see his holy life.

The igumen saw in St Anthony the great future ascetic, and inspired by God, he sent him back to his native land, saying, "Anthony, it is time for you to guide others in holiness. Return to your own Russian land, and be an example for others. May the blessing of the Holy Mountain be with you.

Returning to the land of Rus, Anthony began to make the rounds of the monasteries about Kiev, but nowhere did he find that strict life which had drawn him to Mt. Athos.

Through the Providence of God, Anthony came to the hills of Kiev by the banks of the River Dniepr. The forested area near the village of Berestovo reminded him of his beloved Athos. There he found a cave which had been dug out by the Priest Hilarion, who later became Metropolitan of Kiev (October 21). Since he liked the spot, Anthony prayed with tears, "Lord, let the blessing of Mt. Athos be upon this spot, and strengthen me to remain here."

The virtuous life of St Anthony illumined the Russian land with the beauty of monasticism. St Anthony lovingly received those who yearned for the monastic life. After instructing them how to follow Christ, he asked St Nikon to tonsure them. When twelve disciples had gathered about St Anthony, the brethren dug a large cave and built a church and cells for the monks within it.

READINGS AND TROPAR

3rd Sunday after Pentecost (Worries of life). Epis. Romans 5:1-10. Gos. Matthew 6:22-33; Tone 2.

Duminica a 3-a după Rusalii (Despre grijile vieții). Romani 5, 1-10. Ev. Matei 6, 22-33. Glas 2,

Tone 2

When you descended to encounter death, O deathless Life.

You put Hades to death by the reflected light of divinity.

But when you raised the dead from the abyss, all the powers of heaven cried out: O life giving Christ, O our God, glory to you.

Saints of North America

As the bountiful harvest of Your sowing of salvation, The lands of North America offer to You, O Lord, all the saints who have shone in them. By their prayers keep the Church and our land in abiding peace. Through the Theotokos, O most Merciful One.

Tropar for the church

_ Your Nativity O Birthgiver of God has proclaimed joy to all the Universe. For the Son of Righteousness, Christ our God has risen from you, By abolishing the curse, He gave a blessing, By destroying death, He bestowed eternal life.